

WHEN SEVERE ALLERGIC REACTIONS STRIKE

GIVE  **EPINEPHRINE**

GO  **CALL 911**

IS IT ANAPHYLAXIS?

ARE ANY OF THESE SEVERE OR IN COMBINATION AFTER EXPOSURE ?

Swollen lips or tongue
Throat tightness, trouble swallowing
Coughing, wheezing, trouble breathing
Dizziness, weak or low pulse
Anxiety, confusion
Hives, itchy widespread redness
Vomiting, diarrhea, stomach pain

For more information visit

GiveGo.org

This is a short tip sheet and not a thorough discussion on the signs and treatment of anaphylaxis. It is not intended to replace the advice of a health care professional. Consult your food allergy action plan and/or see a board certified allergist to develop one that's right for you.

E·A·T
End Allergies Together

